



Greek Peak Adaptive Snowsports

214 Kent Ave PMB 261 Endwell, NY, 13760

(607) 288-2176

Greek Peak Adaptive Snowsports COVID Operations Plan

Greek Peak Adaptive Snowsports (GPAS) has long had the mission of making snow sports accessible to all individuals in spite of disabilities. We strive to do so in a fun, supportive, and safe environment. In this year of the COVID-19 pandemic, safety is even more of a concern than ever. We set out this year to continue our mission while following state, local, and mountain guidelines for COVID-19 protocols, and by adopting measures to keep coaches, athletes, and families as safe as possible. As new regulations and information become available, this document will be updated and procedures modified.



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COVID Monitoring Policies

All athletes and coaches will sign a COVID policy form to demonstrate an understanding of their part in keeping our program safely operating. Before attending each session, all participants, coaches, and any accompanying guardians will be asked to complete a COVID screener. Temperatures will be checked before they are allowed to enter the building. The screener will ask if the individual attending the following questions;

- Have they been confirmed COVID Positive in the past 10 days, or is awaiting test results.
- In the past 48 hours have they experienced fever or chills, cough, shortness of breath, fatigue, muscle or body aches, headache, loss of taste or smell, sore throat, congestion or runny nose, nausea, vomiting, or diarrhea.
- If they have had exposure in the past 14 days to anyone who has had a positive COVID result in that time.
- If they have travelled internationally or to areas of high risk without meeting the NYS requirements for entry back into NY.

Upon answering yes to any of these questions, or having a fever over 100 degrees Fahrenheit participants will be asked to refrain from joining the program for the day, and to follow re-entry procedures described below before returning to GPAS. These were taken from the CDC website on returning to contact after isolation.

<https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/isolation.html>



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Reentry Procedure

Upon having symptoms, a participant can return to GPAS when

- They have been at least 10 days since the first symptom appeared , have had no fever for at least 24 hours without the aid of fever reducing medication, and other symptoms of COVID 19 are improving.

OR

- If the participant had a positive COVID test, it has been at least 10 days since the result, and the above guidelines for symptoms are true.

Return to GPAS will be approved by the Board member in charge of the program prior to the day of return.

Contact Tracing

In the event that Greek Peak Adaptive Snowsports is made aware that an individual involved with the program has tested positive for COVID-19, contact tracing will be conducted by the board which will inform any impacted participants and/or their guardians.



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Building and Training Policies

For the safety of all individuals involved in the program, the following protocols will be observed in the GPAS building and during training;

- Masks will be worn in the building and during training sessions at all times except when individuals are actively skiing, or when they are eating or drinking. This includes but is not limited to wearing masks while in the meeting areas, in line for chair lifts, and on chair lifts. When eating, individuals must remain seated in their designated areas.
- Participants will be pre-registered by appointment prior to attending any GPAS training event.
- Appointments will be limited and staggered to ensure no more than 37 people are in the Adaptive building at any point in time.
- Seating will be arranged in a manner that provides social distancing while individuals are in the building, and assigned so that contact tracing can be conducted should that become necessary.
- Increased cleaning procedures will be followed throughout the building, including but not limited to providing assigned spaces to participants and disinfecting between participants.



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- Food may not be brought to GPAS to be consumed by anyone other than the individuals/family who brought the food.
- Individuals participating in our program through Special Olympics will be in designated areas and contact will be limited to 10 or fewer people throughout their session.
- On lifts, individuals requiring assistance due to their disability, will ride only with the designated coach on record. The coach will remain consistent whenever possible.
- Hand sanitizer will be available throughout the building and handwashing will be available in both bathrooms, and in the sink in the main room.
- No coffee or hot chocolate will be provided this year.
- No more than one guardian may accompany each participant into the GPAS building.
- Signs for Mask protocol and social distancing will be placed on all doors of the GPAS building.
- Members of the general public will not be allowed into the GPAS building at any time during operational hours.
- Athletes and coaches are encouraged to come prepared to ski. Lesson times will be limited as will space in the building due to social distancing requirements.
- Groups will consist of one skier and one or two coaches except where the skier's disability requires additional coaches for safety. In those cases where more than two coaches are required for equipment operation coaches will be kept to the minimum number possible.